

The Saint Sava Serbian Orthodox Church Of McKeesport-Duquesne, Pa.
901 Hartman Street, McKeesport, Pa. 15132 – Our Website: stsavapa.org

Very Rev. Stevan (Stevo) G. Rocknage, Pastor

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March 21st – 41st Sunday – 5th Sunday Of Lent – Sunday Of Mary Of Egypt
(Remembering – Sts. Theophylactus the Confessor, Hermas of the Seventy and Dometius the monk)

Today's Epistle

Readings: Hebrews 9: 11-14

Today's Gospel

Readings Mk. 10: 32-45

Resurrectional Troparion (Tn. 8): "Thou didst descend from on high, O Merciful One! Thou didst Accept the three-day burial to free us from our sufferings! O Lord, our Life and Resurrection: glory to Thee!"

Troparion Of 5th Sunday: "The image of God was truly preserved in you, O Mother, for you took up the Cross and followed Christ! By so doing, you taught us to disregard the flesh, for it passes away; but to care instead for the soul, since it is immortal. Therefore, your spirit, O holy Mother Mary, rejoices with the angels!"

Today's Meditation:

Beware of the Past

We must beware of the Past, mustn't we? I mean that any fixing of the mind on old evils beyond what is absolutely necessary for repenting our own sins and forgiving those of others is certainly useless and usually bad for us. Notice in Dante that the lost souls are entirely concerned with their past! Not so the saved. This is one of the dangers of being, like you and me, old. There's so much past, now, isn't there? And so little else. But we must try very hard not to keep endlessly chewing the cud. We must look forward more eagerly to sloughing that old skin off forever. — C. S. Lewis

For Pondering

Christ himself declared, speaking of the bread, "This is my body." Who will dare then to hesitate in the future? And when he himself asserts categorically that "This is my blood," who will doubt it and say it is not his blood? — Cyril of Jerusalem

Special Announcements Today – For Your Benefit!

(1) **TODAY:** we will serve the memorial parastos for the departed members of the Brady family!

(1-A) **Special REMINDER:** our Pre-Sanctified Liturgy is given us for OUR Spiritual benefit – PLEASE – do your soul some good – come and worship at this most beautiful of services, and join us for the pot-luck dinner after! (THIS WEDNESDAY – 6:30 PM!)

(2) **Please keep the following loved ones in our prayers:**

Arlene Crnkovich Gladys Mrvos Bertha Cervo Mika Rocknage Darinka Grba
Louise Popelas-NH Mara Gasparovic-NH Milan Vranesevic-H Dawn Hamm
Mildred Miljus Dana Vranes Nick & Dorothy Trbovic Ann Siebert-H

(3) **As well as those who have fallen asleep in the Lord:**

+Ljubica Trbovich +Richard Sinsel +Milena Dokmanovich +Amy Pacura +Bertha Lalich
+George Torbic +Patr. Pavle +Arch-Bishop JOB +Smilja Vuckovich +Sophie Vranesevic

(4) **THIS WEEK'S ACTIVITIES:**

TUESDAY: our Education Class for Great Lent continues – 7 PM (The Sacraments)

THIS WEDNESDAY: Pre-Sanctified Liturgy – 6:30 PM – Pot-luck meal afterwards!

THURSDAY: Choir Rehearsal at 7:30 PM – go over Vespers and Pascha music – be there!

Friday: Fish-Fry – 11 AM to 6 PM! Confessions for Church-school – 5 PM!

Saturday: Divine Liturgy of Lazarus Saturday – w/procession of our children – 9:30 AM!

(5) **UPCOMING EVENTS:** NUT-ROLL BAKING - THIS Wednesday!

(6) **PLEASE:** do your part in coming to Church regularly AND getting your 2010 Stewardship Pledge Card in as soon as possible!

(7) **LENTEN VESPERS TODAY:** JOIN US! Lenten Vespers at the St. Nicholas Church in Johnstown, Pa. – at 5:30 PM!

(8) **MARK YOUR CALENDARS:**

Holy Week is just around the corner – on Wednesday, March 31st, after services that morning, we will be cleaning the Church for Pascha – HELP! Bring buckets, rags, cleaning fluids, etc. ALSO, on Holy Saturday, April 3rd, we will decorate the Church AFTER services that morning – again, your help is needed!!

(9) **NOTE THE CHANGE:** as a way of 'speeding up the Divine Liturgy', especially when we have many communicants – we will all say the Prayer before Holy Communion when Father says it BEFORE he receives – he will lead us! (So, this means when he invites us up, "In the fear of God..." we will just come forward having already said the prayer before this!)

(10) **ALSO:** Schedules for the next MONTH (or two) of Church Services were given out today – Please utilize them to increase your participation in the life of our blessed Church!