

The Saint Sava Serbian Orthodox Church Of McKeesport-Duquesne, Pa.

901 Hartman Street, McKeesport, Pa. 15132 – Our Website: stsavapa.org

Very Rev. Stevan (Stevo) G. Rocknage, Pastor

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March 14th -40th Sunday – 4th Sunday Of Lent – Sunday Of John Climacus
(Remembering – the Martyrs Eudocia of Heliopolis, Nestor, Marcellus and Anthony of Perge)

Today's Epistle

Readings: Hebrews 6: 13-20

Today's Gospel

Readings Mk. 9: 17-31

Resurrectional Troparion (Tn. 7): "By Thy Cross, Thou didst destroy death, to the thief, Thou didst open Paradise! For the Myrrh-bearing women, Thou didst change weeping into joy! And Thou didst command Thy Disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy!"

Troparion Of 4th Sunday: "O dweller of the wilderness and angel in the body! You were a wonder-worker, O our God-bearing Father John! You received heavenly gifts through fasting, vigil, and prayer: healing the sick and the souls of those drawn to you by faith. Glory to Him who gave you strength! Glory to Him who granted you a crown! Glory to Him who through you grants healing to all!"

Today's Meditation:

Brief Madness

The ancient Greeks were not far wrong when they defined anger as "brief madness." When a person is angry, he is not in control of himself. That is why we use the expression "he lost his temper." An angry person loses more than his temper; he loses total control over himself. Any person who can make his opponent lose his temper has already defeated him. Ghandi said once, "When you are in the right, you can afford to keep your temper, and when you are in the wrong, you can't afford to lose it." A person once said of a mountain: "This would have been our tallest mountain if it hadn't blown its top." This can be said of many people who could not control their anger. One fellow claims he never loses his temper. But he admits, "Occasionally I do mislay it." Whether it is lost or mislaid, anger becomes sinful and destructive when we cannot keep it under control. "Speak when you are angry," someone said, "and you will make the best speech you will ever regret."

Church Fathers Speak

The stairway to the kingdom is within you, secret in your soul. Cast off the burden of sin and you will find within you the upward path that will make your ascent possible. — St. Isaac of Syria

Special Announcements Today – For Your Benefit!

- (1) **TODAY:** we are NOT having a fellowship hour down-stairs because NO ONE has signed up for any Sundays in March or April – hmm – why is that? Come on, this is important for our parish life!
- (1-A) **Special REMINDER:** our Pre-Sanctified Liturgy is given us for OUR Spiritual benefit – **PLEASE – do your soul some good** – come and worship at this most beautiful of services and join us for the pot-luck dinner after! (THIS WEDNESDAY – 6:30 PM!)
- (2) **Please keep the following loved ones in our prayers:**
Arlene Crnkovich Gladys Mrvos Bertha Cervo Mika Rocknage Darinka Grba
Louise Popelas-NH Mara Gasparovic-H Milan Vranesevic-NH Dawn Hamm
Mildred Miljus Dana Vranes Nick & Dorothy Trbovic Arch-Pr. Michael Lewis
- (3) **As well as those who have fallen asleep in the Lord:**
+ Ljubica Trbovich +Richard Sinsel +Milena Dokmanovich +Amy Pacura +Bertha Lalich
+George Torbic +Patr. Pavle +Arch-Bishop JOB +Smilja Vuckovich + Sophie Vranesevic
- (4) **THIS WEEK'S ACTIVITIES:**
MONDAY: our Education Class for Great Lent continues – 7 PM (The Sacraments)
THIS WEDNESDAY: Pre-Sanctified Liturgy – 6:30 PM – Pot-luck meal afterwards!
Friday: Fish-Fry – 11 AM to 6 PM! **AKATHIST Service** – 6:30 PM!
- (5) **UPCOMING EVENTS:** NUT-ROLL BAKING - THIS Wednesday!
- (6) **PLEASE:** do your part in coming to Church regularly AND getting your 2010 Stewardship Pledge Card in as soon as possible!
- (7) **LENTEN VESPERS TODAY:** JOIN US! Lenten Vespers at the St. Nicholas Church in Monroeville, Pa. – at 5:30 PM!
- (8) **MARK YOUR CALENDARS:**
THIS Saturday – March 20th – Parish Renewal Day – 10 AM – 4 PM – Spend a day in prayer, Meditation and fellowship – GREAT for the soul! (Confessions at 4 – Vespers at 5 that day!)
ALSO THAT DAY: Last local Show of the Duquesne Tamburitzans (at Gateway) – see Protinica JoAnn for specially-discounted tickets – last chance to see Mike Dern, Nikola Vranesevic, Greg Yovetich, and Dushan Rocknage on stage this year!!!!
- (9) **REMINDER:** Holy Week is just around the corner – on Wednesday, March 31st, after services that morning, we will be cleaning the Church for Pascha – HELP! Bring buckets, rags, cleaning fluids, etc. ALSO, on Holy Saturday, April 3rd, we will decorate the Church AFTER services that morning – again, your help is needed!!